



[www.EliteSportsNet.com](http://www.EliteSportsNet.com) | 956 W Chatham St Cary NC 27511 | Phone: 919-377-0004

## *Parent Expectations*

Parents are a very important part of our programs and the support system of all our athletes! It is important that parents both observe and understand the guidelines established by Elite Sports Network.

### 1) I will...

- Be encouraging, supportive, and respectful to all athletes present at any practice or game.
- Respect Coaches and Officials and accept any calls or decisions made by them during play.
- Comply with all rules, policies, and procedures set forth by ESN and other leagues/tournaments that apply to me.
- Act in the spirit of the game by supporting every player on your child's team and never criticizing any opposing players, parents, coaches, or officials.
- Follow and obey the Problem Solving Procedure outlined below.

### 2) Further I will never...

- Engage in any kind of unsportsmanlike conduct with any official, coach, manager, player or parent.
- Interfere at any time with the duties and responsibilities of the coach or manager.
- Act in any way that negatively reflects and ESN program or team.

### 3) Parent Coaching

There will be no coaching from the stands during practice or games. No matter how good your intentions are we insist you do not shout instructions to your child. Let the coach run the team because attempting to coach or instruct your athlete from the sideline is a distraction and counterproductive for the player.

Your vocal support and positive encouragement is both welcomed and encouraged however!

### 4) Help us to nurture independence and responsibility by...

- Making your athlete responsible for packing their own uniform, practice jersey, and equipment into their bag.



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- Having your athlete communicate directly with the coach about issues, concerns, conflicts or simply having to miss an upcoming practice or game.
- Helping players understand they should take responsibility for their own performance and to not place blame on others.
- Helping your athlete understand that handling tasks both on and off the court complete his/her "ownership" for all aspects of being an athlete.
- Monitor your athlete off the field because they are a representation of ESN programs, teams, and leagues!
- Keeping an eye on your child so they are handling the added stress that comes from adding an extra thing to their daily activities.
- Helping ESN coaches make sure all athletes are keeping their grades up in school during participation.
- Becoming an individual leader of their group by the execution of skills and themes addressed at practice (i.e. collecting equipment, carrying bags to vehicles for coaches, helping teammates understand, using successful techniques).

#### 5) Uphold your commitments.

- Foster an environment focused on development, enjoyment, and good sportsmanship.
- Fulfill all financial commitments.
- Support and maintain the ESN philosophy on youth development.
- Fulfill your team and ESN program expectations
  - o ESN Flash players who accept a spot on a team must be able to make team practices
  - o These practices are crucial for overall team chemistry and development, it is not fair to the team if some players can not commit to making everyone.
  - o Coaches plan for a certain number of players at practice in order to run effective drills and situations so we need families to make a full commitment to the team while in season.

#### 6) Problem Solving Procedure

Participants must understand that there is a time and place for everything. If you need information or wish to ask questions concerning coaching decisions, arrange a meeting with the Head of Player Development and that Coach by contacting [rkimball@elitesportsnet.com](mailto:rkimball@elitesportsnet.com).



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Concerns and criticism are welcome but should never be expressed during practice, training, or a game! Every effort will be made to address the problem once it is brought to our attention away from these sessions in a fair and consistent manner. In the event of a question or concern the 24-hour rule will always apply.

#### 24-Hour Rule:

Games and competition are extremely emotional for players, parents, and coaches. Parents and coaches should not discuss individual player problems concerning the team or their child for 24 hours following any game or training session. This time allows all participants a cooling off time and opportunity to discuss the athlete without the emotion of the game or training session as well as avoid regrettable public confrontation.

Step 1 – The member discusses his/her issues or concerns with the coach.

Step 2 – Discussion with the coach and Head of Player Development Ryan Kimball.

*Thank you for your understanding and commitment to upholding our parent expectations. We are excited to bring you in as a part of the ESN Family!*

*Sincerely,  
Ryan Kimball*